

# VOLUNTEER CONNECTIONS

Issue 2



## IT'S FALL Y'ALL

As fall begins, we start to notice the subtle changes in the weather. Mornings become a little cooler, evenings come a

little earlier, and children (and parents) have adjusted to the routine of a new school year. The celebration of autumn and nature are displayed all around us with vibrant abundance of colors, smells and sounds; the crunching of leaves underfoot, furry friends intensely working to prepare their nests for the winter to come and the cool, fall breezes that welcome us to a new season, just as in life.

Being a volunteer, you travel to or talk to our patients, families and caregivers on their seasonal journeys and in some of the most intimate times in their lives. We are entrusted to be a part of their journeys, seasonal changes and to join the celebrations of lives well lived. I would like to thank you for your presence and witness to their stories and journeys. It is these stories and journeys that rewarding experiences are felt and lives are touched by the true compassion and dedication our volunteers bring with them every day. Thank you.



- *Tiffany Storch*  
Volunteer Coordinator

### Fall Bucket List

- ☐ Drink a pumpkin spice latte
- ☐ Make caramel apples
- ☐ Dress in layers
- ☐ Decorate for fall
- ☐ Crunch leaves
- ☐ Watch Hocus Pocus
- ☐ Dress in a costume
- ☐ Bake pumpkin bread
- ☐ Sip apple cider
- ☐ Enjoy homemade pie
- ☐ Carve a pumpkin
- ☐ Make a delicious crockpot stew
- ☐ Tailgate at a football game





## CALLING ALL VOLUNTEERS

Did you know that Hospice of the Plains has many new programs that volunteers can assist with?! If you or someone you know is wanting to volunteer but unsure of how to help, take a look below at the many different areas with Hospice Volunteering that you can make a difference!

- Hospice Friends
  - Go see the patients when requested
  - Allow for respite for the families
- Hospice Program Support
  - Administrative
  - Office
  - Baker/Shopper
  - Physician Contact
- Tuck-In Program
- Veterans Program
- Community Outreach
  - Public Speaking
  - Exhibit Booths
- Holiday Decorating
- Tree of Lights
- Cleaning Volunteer Committee
- Volunteer Recruitment
- Special Events and Fundraising Volunteer Committee
- Bereavement/Support
- Teen/4H Volunteers
- Comfort Crafters
  - Blankets, Admission Packs, Memory Items

### UPCOMING EVENTS AND TRAININGS

November 8, 2018 – Hospice of the Plains Annual Soup Luncheon  
Knights of Columbus Hall, 421 South 11<sup>th</sup> Avenue, Sterling, Colorado  
11am-2pm

November 12, 2018 -Volunteer Training Series Part II  
Logan County Extension Office, 508 S 10<sup>th</sup> Avenue, Sterling, Colorado  
9am-12pm OR 5pm-8pm

November 20, 2018 – Hospice of the Plains and VFW Soup Luncheon  
Brush VFW, 110 Clayton St, Brush, Colorado  
11am-2pm

November/December – Tree of Lights, Light up a Life – Trees located all over the 6 counties we serve!

December 10, 2018 – Cookies, Goodies and Celebration!  
Logan County Extension Office, 508 S 10<sup>th</sup> Avenue, Sterling, Colorado  
9am-11am





## COOKIES, GOODIES AND CELEBRATION!

We are pleased to bring this event together again this upcoming Christmas season! We got such great response from not only our volunteers who participated, but the patients and families alike. They were surprised (and a little emotional) to know that so many of us were thinking about them and would take time from our own busy schedules to make them some cookies and goodies to enjoy with their loved ones. The physician's offices they went to were grateful and thankful for the cookies and goodies....and have been inquiring if we will be doing this again!!

Please join us again for this annual event and Hospice of the Plains tradition!

**WHEN:** December 10, 2018

**WHERE:** Logan County Extension Office, Sterling Colorado

**TIME:** 9:00 AM – 11:00 AM

If you're wanting to participate please bring 2 dozen cookies/goodies and your dessert appetite to enjoy some hot cocoa, tea, coffee, and water along with conversation and Christmas music while putting together these always fun goodie trays!

Look at some photos below from last year....

### 2017 Cookies, Goodies and Celebration





*Visit Our Website*

### Contact Us

#### **Hospice of the Plains**

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Sterling, Colorado 80751  
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www.hospiceofthepains.org

*Coming Soon...  
Help Us Spread The News!*



### *Light up a Life &*

*Remember someone special this Christmas*

Sponsor a light on the Tree of Lights in memory of a friend or relative and accompany your light by placing a commemorative keepsake ornament\* onto the tree.

Tree of Lights Light up a Life is for everyone – not only for patients and families we've helped. This is an opportunity to remember and celebrate the life of someone dear to you.

We invite our communities to join us in our time of remembrance by taking part in our annual tradition of the Tree of Lights Light up a

Life ceremony around your communities and on the radio!

Full listing of ceremonies on [Hospiceofthepains.org](http://Hospiceofthepains.org).

\* Keepsake Ornament provided by Hospice of the Plains

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